Case Study: Mum completed school year 11. MH issues. Personality Disorder, eating disorders and history of suicide attempts. Father was in looked after system and heavy cannabis user. Father did not engage with FNP until Child protection plan at the end of pregnancy. MH issues. Bipolar. Attempted Suicide. Police history for Burglary, Drug and driving offences.

Mum engaged well, once located

Focus on bonding & attachment

Improved diet no further concerns re eating disorders

Stopped smoking cannabis, cigarettes and drinking alcohol

Facilitated access to antenatal care via liaison with Acacia team

Mum proactive re housing and benefits

Intervention

PIPE with dolly especially cues

Smart Choices (1 step removed) improved communication skills with partner and parents

Facilitators (used knowledge from Childcare at school)

Referral to IAPT and CBT helped to lower anxiety and depression scores

Power and Control Wheel for healthy relationships

Term delivery, good birth wt

Quickly settled into routine

Reliable contraception – Depo

Intuitive to child's needs

Strong attachment

Life style changes maintained.

Relationship with parents and partner improved

Parents taking turns in working or education

Intervention

Smart Choices and work around relationships and communication especially dealing with anger re SW involvement

Understanding teenage brain. Compassionate minds

Praise and encouragement.

Goal setting

Joint work with SW

Consistent and persistent FN

Sensitive parenting

Fully immunised Child

Development top of ASQ range

Safe and stimulating home

Housing – secured tenancy

Mum working Dad smokes miminal cannabis

Good family relationships all generations

Both parents discharged from Complex care and are well





Without FNP: Poor engagement in antenatal care. Client unlikely to have returned to work. May not now have secure tenancy. Likely to still be under care of Complex care team and parents relationship unlikely to have survived stress of parenthood. Dad could still be offending to fund habit. Lack of grand parents support if dad was still offending. Child unlikely to be securely attached if both parents still had MH issues.

Impact:

Cessation of involvement of police and YOT

Good bonding and attachment

No repeat pregnancy

NEET to EET – Mother (dad looking for work)

Grandparents now involved

Both parents discharged from mental health services

Potential Savings to:

Children's Services

Education & Health Services including mental health

Police and Youth Offending Service

